

**BY-LAWS  
OF  
Gold Medal Wrestling Club LTD.**

**Created: November 3, 2011**

**Revised: August 14, 2024**

**ARTICLE I**

**OFFICES**

The registered and principal office of the corporation shall be in Deforest or Windsor, Wisconsin. The corporation may have such other offices, within or without the State of Wisconsin, as the directors may designate from time to time.

**ARTICLE II**

**OBJECTIVES**

Section 1. **Financial Support.** To financially support and promote the wrestling programs in the DeForest area.

Section 2. **Communication.** To develop and maintain lines of communication between parents, coaches, school administration and public concerning wrestling programs in the DeForest area.

Section 3. **Results.** To put DeForest area wrestlers on the USA World and Olympic teams.

## ARTICLE III

### MEMBERSHIP AND VOTING

Section 1. **General Membership.** Every Parent, Alumni or Fan of DeForest Area Wrestling in good standing with the Gold Medal Wrestling Club.

Section 2. **Meeting of members.** A meeting of the corporation shall be held annually in August at a time and place designated by the Board of Directors, written notice posted no less than 21 days prior to such meeting.

Section 3. **Voting by General Members.** At the annual meeting each Parent, Alumni or Fan in good standing with the Gold Medal Wrestling Club are Members and may cast one vote for the open offices.

Section 4. **Quorum.** A minimum of five Board members. It is our goal to have two-thirds of all General Members at our annual meeting.

Section 5. **Revoking Membership.** The Board may by a two-thirds vote of a quorum, revoke the General Membership of individuals because of conduct unbecoming to our Club as described in ARTICLE XI, Code of Conduct.

## ARTICLE IV

### BOARD OF DIRECTORS

Section 1. **Authority.** The affairs and property of the corporation shall be managed and controlled by its Board of Directors. The Directors may exercise all such powers and do all such things as may be exercised or done by the corporation, subject to the provisions of the Articles of Incorporation, these By-Laws and all applicable law.

Section 2. **Members.** The Board of Directors will consist of the President, the Vice President, the Treasurer, the Secretary, the DeForest High School Head Wrestling Coach, the Past President, the At Large Representative and the Communications Director. Each Member will have one vote.

Section 3. **Officers.** The officers of the Board of Directors will consist of the President, Vice President and Treasurer. Each officer will have one vote, with the President only voting in case of a tie.

Section 4. **Quorum.** A minimum quorum is five of the eight voting members. Voting on club matters can take place electronically (e.g. e-mail) outside of board meetings providing the Secretary maintains a record of any motions, seconds, discussion and the results of such voting and attaches documentation to the minutes of the next board meeting.

Section 5. **Trust.** The Board will administer our Trust for the sole benefit of the Club.

## **DESCRIPTION OF DUTIES**

### **1. PRESIDENT**

- a. Responsible for the overall operation of the Gold Medal Wrestling Club as established in these By-Laws.
- b. Is the Chairman of the Board of Directors and will preside over meetings.
- c. Schedules meetings as needed, preferably one month in advance.
- d. Develops an agenda for meetings
- e. Prepare the annual budget for the Gold Medal Wrestling Club in conjunction with the Treasurer.
- f. May sign Gold Meal Wrestling Club checks if the Treasurer is unavailable.

### **2. VICE PRESIDENT**

- a. Assist the President in all activities as directed
- b. Responsible to assume the duties of the President if the President cannot perform them for any reason.

### **3. TREASURER**

- a. Responsible for all financial records of the Gold Medal Wrestling Club.
- b. Report to the Board of Directors the financial status of the Club at every Board Meeting.
- c. Report to the General Membership the financial status of the Club at the Annual Meeting.
- d. Prepare the annual budget in conjunction with the President.
- e. Disperse funds as needed per budget.
- f. Authorized to sign checks.

### **4. SECRETARY**

- a. Takes minutes of the Board of Directors and Annual meetings to document all activities of those meetings. Distribute those minutes in a timely manner via e-mail to the Board.
- b. Maintain a list of all General Members in good standing.
- c. Manages merchandising.

### **5. DEFOREST HIGH SCHOOL HEAD COACH**

- a. Submit a yearly request for funds for DeFOREST High School Wrestling
- b. Will prepare a budget in conjunction with the Girls Head Coach.
- c. Meet with the DeForest High School Athletic Director and any other school representative as needed.
- d. Set a Core system of wrestling technique used throughout all levels of Club wrestling, and teach a coaches clinic for all coaches in the DeForest wrestling program.
- e. Act as liaison for Girls wrestling head coach and board.

6. **AT LARGE REPRESENTATIVE**
  - a. Assist in the operation of the Gold Medal Wrestling Club.
  
7. **PAST PRESIDENT**
  - a. Advise the President on past practices and procedures.
  
8. **Communications Director**
  - a. Handles all communication / social media posts
  - b. Designs logo (as needed) for Gold Medal season merch
  - c. Maintain our website.
  - d. Posts meeting minutes to website on monthly basis.
  - e. Maintain a list of all General Members in good standing.
  - f. Posts yearly registration of wrestlers and maintaining the list of wrestlers in good standing.
  
9. **DeForest Middle School Coach**
  - a. Submit a yearly request for funds for DeForest Middle School Wrestling.
  - b. Teach our Core system of technique.
  - c. Attend a clinic on the Core wrestling technique taught by the high school wrestling coach.
  
10. **Coaching Manager**
  - a. Creates practice plan for youth coaches (grades 4K-8th) to follow
  - b. Act as a liaison between the board and coaches

## **ARTICLE V**

### **ELECTIONS**

Section 1. **Officers.** The General Members, at the Annual Meeting, will elect the President and Treasurer in odd numbered years and the Vice President in even numbered years. If an officer runs unopposed then, with his/her consent he/she will remain in office for the upcoming term.

Section 2. **Directors.** The General Members, at the Annual Meeting, will elect the Secretary in even numbered years.

## APPOINTMENTS

Section 1. **Directors.** The At Large Representative is appointed by the Board for a four year term in even numbered years. The Communications Director is appointed by the Board for a two year term in odd numbered years. The Past President is the last Gold Medal Club Wrestling Club President; if the past President does not wish to serve any of the Past Presidents may be appointed by the Board of Directors.

Section 2. **Coaches.** The Current DeForest High School Head Coach is automatically appointed to the Board of Directors. The Current Middle School Head Coach is not a member of the Board of Directors but is welcome to attend meetings as a non-voting participant. The Coaching Manager and any other Youth Coaches are appointed to their position as Coaches by the Board of Directors. They are not members of the Board of Directors but are welcome to attend meetings as non-voting participants.

Section 3. **Replacements.** The Board will appoint replacements to finish out the term of vacated positions.

## ARTICLE VI

### ADMINISTRATIVE POLICIES

Section 1. All positions on the Board of Directors are unpaid. Only, direct expenses will be reimbursed

Section 2. The audit committee will consist of three members of the Board of Directors.

Section 3. No Board member can hold two Board positions at the same time.

Section 4. The President may not serve as a Youth Coach.

Section 5. The President, Vice President, Treasurer, Secretary, DeForest High School Head Coach, At Large Representative, Past President and Communications Director must attend a minimum of four meetings per year including our annual meeting.

## **ARTICLE VII**

### **FISCAL YEAR**

Section 1. **Fiscal Year.** The fiscal year of the Gold Medal Wrestling Club shall begin on August 1<sup>st</sup> and end July 31<sup>st</sup>.

## **ARTICLE VIII**

### **PARLIAMENTARY AUTHORITY**

Section 1. **Roberts Rules of Order.** The rules contained in the current edition of Roberts Rules of Order shall govern the Gold Medal Wrestling Club in all cases in which they are applicable and in which they are not in conflict with these By-Laws.

## **ARTICLE IX**

### **AMENDMENTS**

Section 1. **Amendments.** Any member in good standing may propose an amendment to the By-laws. Proposed amendments must be made in writing to the President at least 4 weeks prior to the Gold Medal Wrestling Club Board meeting. These By-Laws can be amended during a regular board meeting, by a two-thirds vote, provided that the amendment has been submitted in writing, 30 days in advance to the board meeting. Voting shall take place as set forth in Article III, Section 3 Voting of Members. A committee may be appointed to submit a revised set of By-Laws as a substitute for existing By-Laws by a majority vote of the annual meeting, or by a two –thirds vote of the Board of Directors.

## ARTICLE X

### RESOLUTION OF DISPUTES

Section 1. **Grievance, Appeal and Due Process.** All grievances or disputes involving member(s) of the Gold Medal Wrestling Club that cannot be settled can be submitted in writing by the disputing person(s) to the President for resolution. If the President cannot resolve the dispute it can be appealed to the Board of Directors. The Board of Directors will appoint three of their members to meet with the disputing person(s) to make a final disposition. Their ruling will be final. The final disposition will be sent out to all Gold Medal Wrestling Club Board Members and affected parties promptly. This due process administrative procedure shall be a full and complete substitute for any court proceedings.

Section 2. **Removal of Board Members.** Removal will consist of the motion to remove being brought to the floor at a Board of Directors Meeting. A vote will then be taken with a majority approving to call a special directors meeting within two weeks to give time for all persons involved to prepare their case. If the removal meeting is directed to the President the Vice President will chair the meeting Due process will take place during this meeting with everyone concerned having the opportunity to speak. A two-thirds vote of a quorum of the Directors will be required for removal.



## ARTICLE XI

### CODE OF CONDUCT

Section 1. **Wrestlers.** All Wrestlers will:

- a. Treat opponents with respect.
- b. Treat officials with respect.
- c. Wrestle hard but within the rules.
- d. Exercise self-control at all times. Setting and example for others to follow.

Section 2. **General Members, Parents and Spectators.** All General Members will:

- a. Attempt to understand the rules of the sport.
- b. Appreciate a good move no matter who makes it.
- c. Respect the strategy and judgment of the coach.
- d. Respect the judgment of the official, recognizing that wrestling contains many judgment calls and that many of the youth officials are young and inexperienced.
- e. Emphasize and demonstrate good sportsmanship at all times.
- f. Censures those whose behavior is unbecoming to the Gold Medal Wrestling Club or wrestling in general.
- g. Not misappropriate Club funds.

Section 3. **Coaches.** All coaches will:

- a. Treat the wrestlers with dignity and respect.
- b. Treat all officials with dignity and respect.
- c. Demonstrate good sportsmanship at all times.
- d. Censure others whose behavior is unbecoming to the Gold Medal Wrestling Club.
- e. Not misappropriate Club funds.

## **ARTICLE XII**

### **MISCONDUCT BY BOARD MEMBERS OR COACHES**

Section 1. Any volunteer (board member, coach, assistant coach) who has charges brought against them or has been convicted of any crime will be subject to review by the Board of Directors at a closed session meeting. The Board of Directors will determine the circumstances and consequences (if any) of this individual's continued participation in the Gold Medal Wrestling Club. The Board of Directors' decision on these matters is final.